

Made by Me

Fair Park Elementary School
West Bend WI



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Made by Me in a Nutshell

- Started in 2009 with \$200
- received 3 grants
- Make lunch for staff
- Goals in Math, Literacy, Social Skills, functional skills
- use funds for field trips and reinforcement items for a token economy system
- Fundraising



The Idea

- wanted a program that was special for our students and fun
- work on a range of skills
- provide students with new or different experiences
- provide positive interactions with peers and staff
- regular education involvement
- wanted a program with community involvement and support
- A positive light on education

Made by Me Goals- Social and Functional Skills

Social Skills

- working with peers
- asking questions of adults
- using appropriate manners
- meeting new people (guest chefs)
- questioning skills
- initiating a conversation

Functional Skills

- following directions
- using kitchen utensils
- speech skills
- confidence building
- problem solving



Made by Me Goals- Math and Reading

Reading/Language Arts

- reading recipes
- writing about experiences
- making lists
- following written directions
- Listening Comprehension

Math

- counting money
- measuring items
- addition & subtraction
- sorting
- counting
- Making change

The Details

- cook 2x per month
- guest chefs from the community
- each meal has a main dish, side dish, and a dessert



Before Cooking Day- Menu Planning

Regular Education Involvement

or

Special Education Involvement Only

- Classroom teacher sign up to plan a meal
- class plans menu, makes shopping list, and provides recipes
- class sends two students to cook with us
- Special education teachers go shopping
- Special education teachers plan menu
- ask teachers what they would like
- ask students for ideas
- Special Ed teachers make the shopping list
- Special Ed teachers go shopping after school (some years we have taken students shopping during day)

Ordering Lunch

- Special Ed Teachers make an order form (older students could help with this)
- The order forms are placed in the teacher mailboxes
- teachers fill out the forms and place in a MBM mailbox
- on cooking day order forms are used to determine delivery times and on food carts for students to follow

Made By Me

Meal Date: January 16th

Meal: fettuccini Alfredo with a salad

Dessert: Oreo Shake

Cost: \$2.00

Name: _____

Delivery Time: _____

Delivery Place (room number): _____

We would prefer for you to pay the child for your lunch when it is delivered (one of the goals they are working on is counting money and making change), if this is not possible please talk to flecky.

Please return this order form to Made by Me's mailbox by Monday January 16th

Made by Me Day

- Teachers set up the cooking spaces with materials needed
- students come down to cooking room from 10:30-12:00
- Students cook 1 time per month with a group of about 10-15 students in grades K-4
- a Guest chef from the community cooks with us also
- Students do the majority of the cooking and cleaning working in small teams
- Students deliver the meals using food carts to the teachers based off of the order forms

Video



After Made by Me

- Field Trips- once a month or every other month
 - New experiences- Therapeutic horseback riding, Gymnastics, Blue Lotus Retreat Center (kayak, archery, bonfire), Ice Skating
 - Cooking related- Grocery store, Restaurants, Farms,
 - Fun Trips- Discovery World, YMCA Camp, Swimming
- purchase items needed for cooking (see list)
- purchase food for future meals
 - try to keep meals as inexpensive as possible but fun
- purchase items for our classroom or for our students

Must haves for MBM

- | | |
|------------------------------|------------------|
| - Oven | - Nesco |
| - Electric Griddle X2 | - Blender x2 |
| - hand mixer | - knife block |
| - nesting glass bowls w/lids | - microwave |
| - cookie sheets | - muffin tins |
| - baking dish | - cutting boards |
| - strainer | - measuring cups |
| - crock with utensils | - food carts |
| - pots/pans | - glove supply |

Maybe Items- Dishwasher, refrigerator,



Forms We Use

- Order forms- <https://goo.gl/46gScx>
used for teachers to order their lunches each week
- Rubric- <https://oo.gl/3x854p>
used at beginning of year and end of year to show growth of students within the program and expectations. (not used every year)

Funding

- Grants
 - our district has a Foundation that gives out grants for unique ideas
 - received a state grant to grow vegetables in the classroom
- Fundraising
 - Colectivo - Ink Cartridges
 - Quarter Store - cookbook
 - sales of small items at school functions- sports cards of teachers, smencils
 - Cookbook Sale
- Donations
 - letter writing- West Bend company, Nesco, local businesses
 - guest chefs- will sometimes donate

Student and Staff Comments

Students thoughts

- Brode
- Cheyenne
- Keaton

Teacher Thoughts

- Mrs. Davis
- Sharron Kalias